



## 6. Troisdorfer 6h - Laut

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Aggerstadion Troisdorf-Mitte

GenderListeQuer

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### Männer

Platz	Startno	Name, Vorname	Rdn	Distanz [m]	Runde20	Runde21	Runde22	Runde23	Runde24	Runde25	Runde26	Runde27	Runde28	Runde29	Runde30	Runde31	Runde32	Runde33	Runde34
1	1	Dehaut, Helmut	34	85565	00:10:28	00:10:36	00:10:40	00:10:51	00:11:06	00:11:33	00:11:16	00:11:24	00:11:44	00:11:52	00:11:54	00:11:51	00:12:01	00:11:52	00:11:32
2	4	Zapretillin, Alexander	33	84097	00:11:12	00:11:23	00:11:17	00:11:36	00:11:33	00:11:35	00:11:27	00:11:13	00:11:28	00:11:32	00:11:49	00:11:19	00:11:37	00:11:14	
3	5	Strosny, René	31	79500	00:11:07	00:11:23	00:11:23	00:11:26	00:11:26	00:11:20	00:11:23	00:12:20	00:12:27	00:11:41	00:11:27	00:11:30			
4	19	Beha, Dr. Daniel	31	78087	00:11:39	00:11:33	00:11:40	00:11:43	00:11:47	00:11:54	00:11:58	00:12:01	00:12:09	00:12:17	00:12:19	00:11:59			
5	3	Schwerk, Wolfgang	30	77217	00:12:35	00:14:03	00:13:04	00:12:38	00:12:38	00:12:37	00:12:39	00:12:10	00:12:13	00:12:49	00:13:00				
6	30	Claesges, Michael	30	76579	00:11:04	00:11:10	00:11:09	00:11:23	00:11:24	00:11:44	00:11:43	00:12:00	00:12:49	00:13:11	00:13:05				
7	71	Mirz, Thomas	30	75212	00:12:08	00:12:01	00:12:06	00:12:00	00:12:07	00:12:04	00:12:13	00:12:10	00:11:52	00:11:46	00:11:45				
8	146	Weis, Ralf	29	74555	00:12:39	00:12:41	00:12:30	00:12:26	00:12:51	00:12:39	00:12:47	00:12:45	00:12:46	00:12:58					
9	35	Dietz, Ralph	29	74381	00:11:49	00:12:19	00:12:32	00:12:37	00:13:11	00:12:59	00:12:57	00:12:34	00:12:08	00:12:47					
10	8	Braun, Wolfgang	29	73800	00:11:57	00:12:09	00:12:27	00:12:51	00:13:23	00:13:42	00:13:23	00:13:06	00:13:00	00:11:18					
11	94	Schlesiger, Alwin	29	73633	00:11:48	00:11:58	00:12:04	00:12:18	00:12:36	00:12:44	00:12:44	00:12:59	00:13:19	00:12:39					
12	50	Hecke, Friedemann	29	73569	00:12:22	00:12:32	00:13:17	00:13:02	00:13:10	00:13:31	00:13:13	00:13:34	00:13:24	00:12:34					
13	62	Kuchendorf, Andreas	29	72653	00:12:22	00:12:51	00:13:00	00:13:14	00:21:39	00:12:41	00:10:47	00:10:59	00:11:47	00:11:07					
14	117	Weigelt, Dr. Stefan	29	72500	00:12:40	00:12:37	00:12:45	00:12:40	00:12:34	00:12:45	00:12:37	00:11:51	00:12:02	00:11:58					
15	90	Saracino, Franco	28	71750	00:12:23	00:12:23	00:12:37	00:12:49	00:12:44	00:13:09	00:13:16	00:13:29	00:13:24						
16	109	Ulbricht, Dieter	28	71130	00:13:04	00:13:42	00:13:57	00:13:17	00:13:34	00:13:53	00:13:37	00:11:23	00:11:22						
17	112	Waddey, Fritz	28	71072	00:12:32	00:12:53	00:14:03	00:13:53	00:14:15	00:14:13	00:13:33	00:14:03	00:13:24						
18	52	Herberg, Achim	28	71053	00:12:59	00:13:32	00:12:59	00:13:36	00:13:19	00:12:57	00:13:20	00:13:12	00:12:41						
19	38	Duch, Ludwig	28	71050	00:13:04	00:13:21	00:14:24	00:14:58	00:14:49	00:14:24	00:14:30	00:13:41	00:13:10						
20	25	Birke, Thomas	28	70831	00:13:04	00:13:09	00:13:18	00:13:26	00:13:10	00:12:43	00:12:41	00:13:03	00:12:35						
21	81	Pitsch, Udo	28	70568	00:12:23	00:12:38	00:12:59	00:13:17	00:13:17	00:13:55	00:13:34	00:13:22	00:13:43						
22	89	Saracino, Egidio	28	70256	00:12:22	00:12:24	00:12:38	00:12:59	00:13:34	00:14:30	00:15:15	00:16:19	00:14:15						
23	132	Flick, Markus	28	70237	00:12:32	00:13:18	00:13:07	00:13:09	00:13:04	00:13:23	00:14:06	00:14:49	00:18:53						
24	70	Michollek, Wolfgang	28	70118	00:12:52	00:13:16	00:13:25	00:13:51	00:13:56	00:13:41	00:13:54	00:13:43	00:12:56						



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Platz	Startno	Name, Vorname	Rdn	Distanz [m]	Runde20	Runde21	Runde22	Runde23	Runde24	Runde25	Runde26	Runde27	Runde28	Runde29	Runde30	Runde31	Runde32	Runde33	Runde34
25	122	Helfenstein, Willy	28	70018	00:13:22	00:13:25	00:13:32	00:13:42	00:13:32	00:13:45	00:13:40	00:13:29	00:12:34						
26	7	Schlotter, Hans-Jürgen	27	69717	00:13:10	00:13:04	00:13:32	00:13:48	00:14:08	00:13:56	00:14:14	00:14:00							
27	43	Fischer, Thomas	27	69140	00:13:10	00:13:41	00:13:51	00:13:57	00:13:51	00:14:04	00:13:52	00:14:09							
28	21	Bergmann, Thomas	27	68306	00:13:19	00:13:51	00:13:58	00:14:09	00:14:19	00:14:42	00:14:41	00:14:52							
28	20	Berghaus, Michael-Klaus	27	68306	00:13:19	00:13:51	00:14:00	00:14:07	00:14:22	00:14:39	00:14:43	00:14:52							
30	110	Vickus, Peter	27	68175	00:14:09	00:13:40	00:13:04	00:13:49	00:13:30	00:13:35	00:13:11	00:12:08							
31	6	Graf, Karl	27	67884	00:14:04	00:14:27	00:13:58	00:13:02	00:12:29	00:12:59	00:13:08	00:13:04							
32	144	Widera, Burkhard	27	67720	00:14:05	00:14:29	00:14:26	00:16:44	00:13:31	00:12:34	00:13:24	00:14:52							
33	65	Leins, Franz	26	66968	00:13:06	00:16:21	00:16:57	00:17:11	00:16:11	00:15:58	00:15:04								
34	88	Röthlingshöfer, Wilfried	26	66864	00:13:36	00:14:07	00:14:30	00:14:17	00:14:18	00:14:22	00:14:01								
35	124	Sinthofen, Jürgen	26	66557	00:14:13	00:14:29	00:14:27	00:14:13	00:13:52	00:13:50	00:13:44								
36	121	Fröhlich, Christian	26	66219	00:17:23	00:17:32	00:16:56	00:13:16	00:12:54	00:12:36	00:12:31								
37	64	Lasser, Stefan	26	66158	00:15:21	00:16:36	00:19:44	00:17:10	00:19:03	00:14:12	00:13:54								
38	136	Hüsken, Norbert	26	65250	00:14:30	00:14:37	00:14:24	00:14:54	00:14:51	00:14:52	00:14:48								
38	36	Dorner, Jens	26	65250	00:14:53	00:14:48	00:14:32	00:14:26	00:14:54	00:14:58	00:13:08								
40	104	Seifert, Fred	26	65105	00:13:56	00:14:56	00:15:57	00:14:34	00:15:19	00:15:35	00:19:21								
41	22	Berka, Frank	25	64813	00:13:47	00:14:06	00:14:37	00:14:23	00:14:40	00:14:28									
42	66	Ludwig, Manfred	25	64801	00:14:08	00:14:15	00:14:28	00:14:28	00:13:52	00:13:35									
43	32	Delp, Johann	25	64628	00:14:44	00:16:43	00:15:17	00:15:37	00:16:19	00:15:23									
44	105	Smolka, Lothar	25	64274	00:15:27	00:15:38	00:15:43	00:15:56	00:15:48	00:15:56									
45	138	Ley, Helmut	25	63641	00:14:57	00:14:51	00:16:34	00:17:12	00:15:15	00:14:41									
46	87	Roth, Edwin	25	63632	00:20:27	00:15:06	00:15:10	00:15:16	00:15:25	00:14:51									
47	154	Risch, Joachim	25	63561	00:14:16	00:14:30	00:14:17	00:14:08	00:14:19	00:14:09									
48	79	Papst, Wilhelm	25	63501	00:14:49	00:13:55	00:13:28	00:13:49	00:13:27	00:12:08									



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49	83	Riege, Jörg	25	63090	00:15:59	00:16:21	00:16:01	00:16:01	00:16:05	00:15:41									
50	54	Hübner, Ralf	25	62712	00:17:49	00:22:15	00:16:37	00:15:32	00:14:58	00:14:17									
51	46	Guderley, Günter	25	62709	00:15:55	00:16:02	00:15:45	00:15:58	00:16:40	00:15:33									
52	127	Hahn, Helmut	25	62687	00:15:30	00:16:02	00:18:29	00:20:58	00:21:28	00:22:26									
53	76	Nicklaus, Ulrich	25	62632	00:13:34	00:15:32	00:14:54	00:15:28	00:15:13	00:15:29									
54	108	Theissen, Markus	25	62555	00:14:00	00:14:09	00:14:09	00:14:31	00:14:42	00:13:24									
55	48	Harnisch, Siegfried	25	62500	00:15:49	00:15:25	00:15:23	00:14:18	00:15:30	00:24:55									
56	41	Feddema, Franz	24	62396	00:14:06	00:14:19	00:14:45	00:15:10	00:15:08										
57	29	Burghaus, Ludger	24	61387	00:15:56	00:16:15	00:16:30	00:17:12	00:16:51										
58	133	Schrouven, Eric	24	61284	00:16:38	00:17:10	00:17:13	00:15:46	00:15:06										
59	80	Perpeet, Stephan	24	61134	00:15:09	00:15:25	00:15:38	00:16:06	00:16:16										
60	57	Klaassen, Dietrich	24	61064	00:15:35	00:16:12	00:15:05	00:14:38	00:14:26										
61	111	von Bank, Maik	24	60829	00:15:59	00:16:48	00:17:29	00:16:26	00:16:24										
62	18	Becker, Mattin	24	60370	00:16:50	00:15:46	00:15:51	00:15:44	00:15:32										
63	99	Scholten, Karl-Heinz	24	60109	00:15:48	00:15:38	00:16:32	00:15:43	00:15:24										
64	77	Olbrisch, Wolfgang	24	60000	00:15:42	00:15:40	00:15:57	00:16:03	00:15:25										
65	155	Dobrijevic, Djuro	23	59579	00:15:41	00:16:27	00:18:48	00:17:51											
66	47	Halder, Roland	23	59463	00:16:08	00:16:25	00:15:50	00:15:37											
67	96	Schmidt, Uwe Herrmann U	23	58906	00:16:50	00:16:42	00:17:03	00:17:53											
68	150	Iffert, Friedrich	23	58815	00:15:59	00:16:20	00:16:36	00:15:49											
69	118	Westphal, Hans-Joachim	23	58293	00:16:55	00:17:31	00:17:05	00:16:10											
70	26	Bracht, Gerhard	23	58036	00:17:15	00:16:51	00:16:40	00:15:50											
71	60	Kortyka, Joachim	23	58000	00:17:51	00:18:29	00:16:36	00:16:18											
72	24	Betz, Marc	23	57750	00:18:13	00:18:16	00:15:06	00:13:07											



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73	37	Drescher, Hans	23	57686	00:16:09	00:16:58	00:17:22	00:17:12											
74	56	Kampick, Thomas	23	57500	00:14:36	00:16:09	00:16:27	00:17:45											
74	143	Fallik, Michael	23	57500	00:17:04	00:18:15	00:25:24	00:19:40											
76	130	Richter, Andreas	22	57198	00:19:27	00:19:07	00:17:42												
77	140	Schulz, Tim	22	56963	00:18:37	00:18:14	00:19:55												
78	82	Reuter, Hans-Jürgen	22	55343	00:19:53	00:19:42	00:22:18												
79	49	Hauke, Gernot	22	55090	00:20:20	00:15:44	00:15:14												
80	106	Sobania, Patrick	22	55065	00:16:22	00:17:41	00:13:11												
81	102	Schulze, Ingo	22	55013	00:20:11	00:20:16	00:18:16												
82	103	Schwensfeier, Dr. Uwe	21	54515	00:18:49	00:17:06													
83	40	Enck, Thomas	21	54030	00:19:14	00:19:14													
84	126	Kurani, Hirendra	21	54004	00:17:35	00:17:19													
85	31	Dahm, Wolfgang	21	53945	00:16:05	00:16:30													
86	123	Hoffmann, Hans-Peter	21	53501	00:17:44	00:18:59													
87	55	Jahnz, Klaus	21	53464	00:19:24	00:18:17													
88	114	Wandt, Harald	21	52537	00:21:10	00:19:21													
89	107	Sprekeler, Uwe	20	50610	00:19:18														
90	101	Schröer, Martin	20	50500	00:19:05														
91	78	Otto, Christof	20	50393	00:19:28														
92	115	Wasser, Peter	20	50000	00:16:49														
92	58	Köhler, Hans-Jürgen	20	50000	00:13:27														
92	91	Scharrenberg, Ulrich	20	50000	00:16:07														
92	119	Wiedermann, Hubertus	20	50000	00:11:17														
92	15	Bechtel, Florian	20	50000	00:15:03														



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### Männer

Platz	Startno	Name, Vorname	Rdn	Distanz [m]	Runde20	Runde21	Runde22	Runde23	Runde24	Runde25	Runde26	Runde27	Runde28	Runde29	Runde30	Runde31	Runde32	Runde33	Runde34
92	125	Früchte, Jens	20	50000	00:14:05														
92	129	Drexler, Hans	20	50000	00:18:24														
99	16	Becker, Berthold	19	49799															
100	148	Knoch, Wilfried	19	49698															
101	14	Bayer, Martin	19	49500															
102	17	Becker, Karl-Heinz	19	49276															
103	92	Schirmer, Stefan	19	48815															
104	139	Waßmer, Alfred	19	47893															
105	73	Müller, Christian	19	47500															
106	113	Wagner, Herwig	18	46067															
107	23	Berka, Volker	18	45906															
108	128	Neumann, Karl-Heinz	18	45500															
109	74	Müller, Mathias	18	45000															
110	95	Schmidt, Andreas	17	43418															
111	72	Mohr, Bernd	17	42664															
112	137	Laig, Uwe	17	42500															
112	75	Neubert, Edgar	17	42500															
112	145	Schütte, Heinrich	17	42500															
112	67	Lux, Stefan	17	42500															
112	44	Friedl, Mike	17	42500															
117	93	Schlechtingen, Hans	16	40000															
117	33	Densing, Axel	16	40000															
117	68	Mallmann, Markus	16	40000															
120	2	Wimmer, Robert	15	37500															



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120	152	Rohland, Bernd	15	37500															
122	42	Fietz, Thomas	14	35000															
123	84	Rönn, Joachim	13	32500															
123	100	Schormüller, Frank	13	32500															
125	12	Baumann, Jürgen	12	32000															
126	51	Henning, Heiko	11	27500															
127	9	Adam, Nikolaos	10	25000															
127	116	Weber, Peter	10	25000															
129	45	Ganter, Adolf	9	24149															



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### Frauen

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1	201	Schlegel, Ilona	28	70659	00:12:46	00:12:51	00:13:15	00:13:19	00:13:31	00:13:18	00:13:13	00:13:25	00:13:32						
2	229	Samse, Anja	28	70034	00:13:01	00:13:39	00:13:24	00:13:13	00:13:34	00:13:09	00:13:43	00:14:32	00:14:20						
3	142	Nikelowski, Renate	27	67511	00:13:27	00:13:14	00:13:14	00:13:27	00:13:17	00:13:47	00:13:34	00:12:15							
4	213	Eschelbach, Iris	25	63464	00:15:39	00:14:42	00:14:56	00:17:16	00:14:41	00:16:42									
5	236	Vollbrecht, Regina	25	62641	00:14:13	00:14:19	00:14:33	00:14:21	00:14:34	00:14:37									
6	211	Christ, Heike	24	62061	00:14:27	00:14:26	00:14:28	00:14:23	00:14:36										
7	226	Ngamkam, Angela	24	61630	00:14:57	00:14:59	00:14:54	00:14:58	00:14:32										
8	134	Burghans, Gudrun	24	61387	00:15:56	00:16:14	00:16:31	00:17:11	00:16:51										
9	204	Kullnick, Ulrike	24	60597	00:15:46	00:15:54	00:15:49	00:15:47	00:15:55										
10	224	Metz, Hannelore	24	60563	00:16:19	00:16:49	00:15:59	00:16:08	00:15:36										
11	141	Guderley, Marion	24	60491	00:16:16	00:15:48	00:16:43	00:16:31	00:15:25										
12	235	Strohkamp, Sabine	24	60370	00:16:43	00:15:54	00:15:49	00:15:41	00:15:34										
13	147	Klepker, Karin	24	60317	00:15:23	00:14:59	00:15:05	00:15:51	00:16:18										
14	231	Schwind, Gabriele	23	59079	00:16:41	00:16:24	00:16:16	00:15:11											
15	232	Schyns, Gudrun	23	58000	00:17:04	00:17:12	00:16:02	00:15:50											
16	228	Sackel, Waltraud	23	57515	00:16:36	00:16:33	00:16:19	00:15:17											
17	234	Stegmaier, Simone	22	56971	00:16:40	00:16:44	00:16:33												
18	227	Nicklaus, Dagmar	21	54801	00:17:44	00:19:40													
18	214	Haynold, Marianne	21	54801	00:18:52	00:18:47													
20	215	Hessel, Andrea	21	54618	00:19:17	00:20:09													
21	131	Urbach, Ingeborg	21	54057	00:17:11	00:17:36													
22	222	Liszewitz, Dagmar	21	53273	00:17:08	00:15:41													
23	237	Wasser, Ellen	21	52932	00:18:01	00:17:18													
24	218	Kraemer, Elisabeth	20	52241	00:17:24														



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### Frauen

Platz	Startno	Name, Vorname	Rdn	Distanz [m]	Runde20	Runde21	Runde22	Runde23	Runde24	Runde25	Runde26	Runde27	Runde28	Runde29	Runde30	Runde31	Runde32	Runde33	Runde34
24	205	Bullig, Cornelia	20	52241	00:17:24														
26	210	Boenigk, Luzie	20	51579	00:18:27														
27	238	Weißberg, Alexandra	20	50636	00:17:52														
28	203	Hausmann, Martina	20	50317	00:18:06														
29	241	Bahlcke, Annett	20	50000	00:17:47														
30	239	Wolf, Bettina	19	49523															
31	206	Bayer, Else	19	49500															
32	225	Mohr, Daniela	19	49210															
33	208	Becker, Barbara	19	48311															
34	135	Hüsken, Monika	19	47750															
35	212	Eckardt, Susanne	18	45520															
36	151	Kopas, Vera	18	45000															
36	149	Gedlg, Kerstin	18	45000															
38	230	Sandten, Susanne	17	42669															
39	209	Berg, Vicky	17	42664															
40	220	Kühler, Susanne	16	40022															
41	216	Köhler, Elke	16	40000															
42	221	Kunze, Christel	14	37094															
43	219	Krieger, Ingeborg	14	37011															
44	202	Melzer, Elke	14	35000															
45	233	Spellerberg, Simone	13	32500															
46	153	Mönnichs, Barbara	10	25000															